



### Teaching Methods Toolbox

*Chapter: Teaching Methods & Instructional Strategies*

Match the method to the objective.

**Lecture** - Delivers knowledge efficiently (passive).

**Demonstration** - Shows a skill.

**Discussion** - Engages thinking.

**Hands-on practice** - Builds real skill.

**Group work** - Teamwork and peer learning.

**Tell-show-do (4-step)** - Tell, show, do with guidance, then practice with feedback - the gold standard for skills.

**Rule** - Match the method to the objective; you cannot lecture a skill into someone.