



Study Skills & Test-Taking - Chapter Quiz

Chapter: *Study Skills & Test-Taking Strategies* Name: _____ Date: _____

1. The study technique that builds memory best is:

- A) Cramming
- B) Active recall (self-quizzing)
- C) Passive re-reading
- D) Highlighting only

2. Spaced practice means:

- A) Studying in shorter sessions over many days
- B) Cramming the night before
- C) Studying once
- D) Never reviewing

3. A smart test-taking strategy is to:

- A) Leave hard questions blank
- B) Change correct answers when unsure
- C) Eliminate wrong answers, then choose the best
- D) Always pick the first option

4. A blank answer on an exam is:

- A) Worth half credit
- B) Better than a guess
- C) Ignored
- D) Always counted wrong

5. The best cure for exam anxiety is:

- A) Skipping sleep
- B) Thorough preparation plus calming tools
- C) Avoiding study
- D) Cramming

6. Teaching a topic to someone else:

- A) Confuses you
- B) Replaces studying
- C) Cements your own learning
- D) Wastes time

7. As an educator you should steer students toward:

- A) Active study techniques
- B) Passive re-reading
- C) Cramming
- D) No studying

8. If a student is stuck on a hard question they should:

- A) Leave it blank forever
- B) Panic
- C) Mark it, move on, and return
- D) Stop the test



9. Why teach study skills explicitly?

- A) It is not the educator's job
- B) Many students were never taught how to learn
- C) Students already know everything
- D) It wastes class time

10. Spaced practice beats cramming because it:

- A) Builds lasting memory
- B) Is faster
- C) Requires no effort
- D) Is easier the night before



Study Skills & Test-Taking - Chapter Quiz - Answer Key

Instructor copy.

- 1. B**
- 2. A**
- 3. C**
- 4. D**
- 5. B**
- 6. C**
- 7. A**
- 8. C**
- 9. B**
- 10. A**