



Key Structures and Why They Matter

Chapter: Anatomy & Physiology for Beauty Pros

The structures we work over every day, and why each one matters to your services.

Cell, tissue, organ, system - The body's four levels, smallest to largest - cells form tissues, tissues form organs, organs form systems.

Cranium - The dome of the skull - you work over it in every scalp service.

Facial bones - Give the face its shape; the basis for studying face shapes in cutting and styling.

Epicranius - The muscle covering the top of the scalp - stimulated in a scalp massage.

Masseter and temporalis - The jaw and temple muscles - worked in a facial massage.

Sternocleidomastoid - The muscle down the side of the neck.

Circulatory system - Carries blood and nutrients - why massage makes skin glow and scalps healthy.

Nervous system - Sensory nerves feel touch (relaxation); motor nerves move muscle - always work gently over nerves.